

Gather Emergency Supplies

Build a Go Bag & Assemble a Stay Box

Whether you Stay or Go after a major disaster, you will need emergency supplies to survive on your own for 5-7 days. Plan for what you and members of your household will need to meet daily needs such as meals, sanitation, medication and maintaining personal medical devices.

To organize your supplies, you will need a backpack and a storage box.

- The backpack, or **Go Bag**, contains items you may use whether you shelter in place or evacuate.
- The **Stay Box** will contain additional items needed for you to be safe and warm at home.



Go Bag

- Make a Plan* checklist
- Wallet with personal ID, credit cards, cash in small bills
- Water bottle snacks
- N95 masks
- Cell phone charger and battery bank
- Flashlight or headlamp
- Prescription medications for 5-7 days
- Personal hygiene, sanitation supplies, hand sanitizer, baby wipes
- At least one change of clothes (focus on socks and underwear first)
- Small First Aid kit
- Your **Last Minute List** of the irreplaceable items you will collect if you have time before you evacuate
- Extra eyeglasses and hearing aid batteries
- Financial documents stored on a portable hard drive



Stay Box

- Water - 1 gallon per person per day
- Non-perishable food with pop-top lids
- First Aid kit and manual
- Flashlight or headlamp, batteries
- Fire extinguisher (store in the kitchen)
- Warm clothes and sturdy shoes
- Portable toilet/bucket and trash bags
- Hand sanitizer and baby wipes
- Radio - battery, solar or hand crank
- Sleeping bags, blankets
- Tools - wrench, duct tape, hammer, gloves
- Camping supplies, tent, cooking stove
- Rope, bungee cords, scissors, tarp

Got a heartbeat? You need a bag.

It's important to pack a Go Bag for every member of your household. Update your kit as your family's needs change, such as food preferences or clothing and shoe sizes. After assembling your food supplies, come up with a plan to store them safely:

- Write a date on water jugs and rotate them every 6 months
- Store food in a cool place
- Pick a date, such as your birthday, to check the expiration dates of your supplies

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For when you are away from home



There is no guarantee you will be home when disaster strikes. You may be visiting friends, at work, school or taking a hike and not be able to get home due to roads or bridges being blocked.

Storing a few supplies in your car, locker or desk at work might come in handy if you get stuck for a day or two.

Away from Home Supplies

- | | |
|---|--|
| <ul style="list-style-type: none"><input type="checkbox"/> Nutritious snack food<input type="checkbox"/> Bottled water<input type="checkbox"/> N95 mask<input type="checkbox"/> Change of clothes, comfortable shoes and socks<input type="checkbox"/> Flashlight & batteries<input type="checkbox"/> Cash in small bills<input type="checkbox"/> Whistle | <ul style="list-style-type: none"><input type="checkbox"/> Personal hygiene, sanitation supplies, hand sanitizer, baby wipes<input type="checkbox"/> Heavy-duty trash bags<input type="checkbox"/> Small First Aid kit<input type="checkbox"/> Warm blanket<input type="checkbox"/> Flares and waterproof matches<input type="checkbox"/> Portable radio, extra batteries |
|---|--|

Remember to replenish and refresh your supplies annually and at the end of an emergency.

Last Minute List



Now you have your Go Bag assembled! Congratulations. Next, put together a prioritized list of irreplaceable items that you will collect before you evacuate — if time allows. This might be one of your grandmother's photos or a childhood scrapbook.

A great exercise to help you prioritize is to think about the 10 items you would take if you had just 10 minutes to evacuate. List the items below and where it is located in your house to save time should you have to leave quickly. Remember, each household member should have their own **Go Bag** and **Last Minute List**.

Item	Location
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Keep a copy of this and all your lists in your Go Bag or post them near an exit door so you can easily locate them during an evacuation.

Please share this form with friends and family to help them prioritize items they feel are irreplaceable.