# **Gather Emergency Supplies**



## Build a Go Bag & Assemble a Stay Box

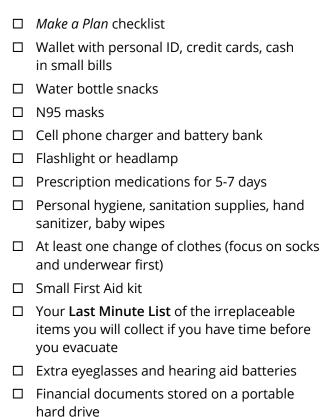
Whether you Stay or Go after a major disaster, you will need emergency supplies to survive on your own for 5-7 days. Plan for what you and members of your household will need to meet daily needs such as meals, sanitation, medication and maintaining personal medical devices.

To organize your supplies, you will need a backpack and a storage box.

- The backpack, or **Go Bag**, contains items you may use whether you shelter in place *or* evacuate.
- The **Stay Box** will contain additional items needed for you to be safe and warm at home.



#### Go Bag





### **Stay Box**

Water – 1 gallon per person per day
Non-perishable food with pop-top lids
First Aid kit and manual
Flashlight or headlamp, batteries
Fire extinguisher (store in the kitchen)
Warm clothes and sturdy shoes
Portable toilet/bucket and trash bags
Hand sanitizer and baby wipes
Radio – battery, solar or hand crank
Sleeping bags, blankets
Tools – wrench, duct tape, hammer, gloves
Camping supplies, tent, cooking stove
Rope, bungee cords, scissors, tarp

#### Got a heartbeat? You need a bag.

It's important to pack a Go Bag for every member of your household. Update your kit as your family's needs change, such as food preferences or clothing and shoe sizes. After assembling your food supplies, come up with a plan to store them safely:

- Write a date on water jugs and rotate them every 6 months
- Store food in a cool place
- Pick a date, such as your birthday, to check the expiration dates of your supplies

# Gather Emergency Supplies



# For when you are away from home

There is no guarantee you will be home when disaster strikes. You may be visiting friends, at work, school or taking a hike and not be able to get home due to roads or bridges being blocked.

Storing a few supplies in your car, locker or desk at work might come in handy if you get stuck for a day or two.

## **Away from Home Supplies**

Nutritious snack food Bottled water		Personal hygiene, sanitation supplies, hand sanitizer, baby wipes
	П	Heavy-duty trash bags
N95 mask	ш	rieavy-duty trasir bags
Change of clothes, comfortable shoes and		Small First Aid kit
socks		Warm blanket
Flashlight & batteries		Flares and waterproof matches
Cash in small bills		Portable radio, extra batteries
Whistle		

Remember to replenish and refresh your supplies annually and at the end of an emergency.

# Last Minute List



Now you have your Go Bag assembled! Congratulations. Next, put together a prioritized list of irreplaceable items that you will collect before you evacuate — if time allows. This might be one of your grandmother's photos or a childhood scrapbook.

A great exercise to help you prioritize is to think about the 10 items you would take if you had just 10 minutes to evacuate. List the items below and where it is located in your house to save time should you have to leave quickly. Remember, each household member should have their own **Go Bag** and **Last Minute List**.

Item	Location

Keep a copy of this and all your lists in your Go Bag or post them near an exit door so you can easily locate them during an evacuation.

Please share this form with friends and family to help them prioritize items they feel are irreplaceable.